Shortened Quarantine Period After Exposure

Shortened Quarantine Guidance

- **Quarantine with testing**
  - After exposure, monitored daily (self monitoring or active monitoring by Public Health) for 7 days. Are only eligible for shortened quarantine if you have no symptoms.
  - On or after day 5, may get a PCR test (antigen and antibody tests are NOT allowed for this purpose) – if negative can be removed from quarantine after day **seven (7)**.
  - Must remain asymptomatic (no symptoms)

- **Quarantine without testing**
  - After exposure, monitored daily (self monitoring or active monitoring) daily for 10 days. Are only eligible for shortened quarantine if you have no symptoms.
  - After day 10 can be released from quarantine without a test.
  - Must remain asymptomatic (no symptoms)

- All exposed people should self-monitor for **fourteen (14)** days from exposure and contact healthcare provider if symptoms develop. Disease can still develop through day 14.

*To protect and improve the health and environment of all Kansans*